

# Cadence 2023: It's time to submit!



*It's time to submit your selections for the next issue of Cadence, the yearly poetry anthology from the Florida State Poets Association. All current members can publish a poem. Submission requirements are below. Please follow them with care.*

## **CADENCE 2023, FSPA ANTHOLOGY 41 POETRY SUBMISSIONS AND PHOTO CONTEST RULES**

Editor: Mary-Ann Westbrook  
with BJ Alligood, Elaine Person,  
Lynn Schiffhorst and Gary Broughman



### **RULES FOR POETRY SUBMISSIONS, ABSOLUTELY NO EXCEPTIONS!**

1. Poems must be composed and rights owned by the submitting poet.
2. Poet must be a 2023 member of FSPA.
3. Poems must be written in English as primary language and be titled, unless a haiku.
4. Poets must submit three (3) poems – one will be chosen. Only one of the poems may have been previously published.
5. Subject and language of poem should be appropriate for general audience.
6. Poems must be digital files, such as Word files, or typed if sent by mail. Please use common fonts such as Times New Roman, Calibri, or similar, using an 11 point font size.
7. Poems must be submitted online or post-marked **no later than July 15, 2023.**
3. Poems should be 'justified left' except for needed indentations or shaped poems. We prefer poems not be centered.
4. Include name, address, phone, email address, and chapter name or Member-at-Large in upper right hand corner of each page. (We may need to contact you for editing decisions.)
5. Include any award or publishing credits at the bottom of the poem if previously published.
6. No poems previously published in Cadence will be accepted (including contest winners).

*Poems must meet ALL publication layout requirements, as follows:*

### **PUBLICATION LAYOUT REQUIREMENTS, NO EXCEPTIONS!**

1. Poems submitted must not exceed a total of 68 lines including the title, lines between stanzas, and annotations.
2. Character spaces within each line (including blank spaces and punctuation) must not exceed 60 total spaces.
1. Poems must be submitted between May 15- July 15, 2023. This applies to surface mail & email.
2. Email is the preferred submission method.
3. If you have an email account, please use it. If not, send via USPS.
4. Email submissions should be sent as attachments in one of the following formats (listed in order of preference): Word (.doc or .docx), RTF, TXT, or PDF files. Do not send as a Pages file if using a Mac. Export your Pages document as a Word file. If you wrote the poem in Word, please do not convert to PDF. We'll have to change it back!
5. No poem sent embedded in the body of an email message will be accepted.

**SEND POEMS TO:**

**EMAIL:** (Preferred submission method.)  
fspa.anthology41@gmail.com  
Subject Line: Anthology 41 poems (please do not combine poems and photos in a single email)

**SURFACE MAIL:**

Mary-Ann Westbrook  
6 Juniper Drive  
Ormond Beach. FL 32176

NOTE: Inquiries may be made by email

**2023 CADENCE, ANTHOLOGY PHOTOGRAPHY CONTEST**

The 9th annual contest for the Cover Art and Interior Divisions of Anthology 41 will run simultaneously with the poetry submissions. Winning photos will appear in the 2023 anthology with your name. Theme: "Florida's hidden delights."

**Rules for Photo Contest:**

1. Must be a 2023 member of FSPA.
2. Photos may be submitted in Black & White or Color by email or postal mail.
3. — Preferred submission is a Hi-Res digital image (300 ppi or greater) in JPEG format (.jpg).
4. — Print Images may be submitted as a 5"x7" print via surface Mail. NO Photocopies accepted.
5. Photos should convey some aspect of "Florida's hidden delights" and may be titled. This is for your interpretation.
6. May submit a maximum of three images.
7. Individual must own the photographic rights. Include your name, chapter, address, email, phone, and when (year) and where the photo was taken with each submission. (NO EXCEPTIONS.)
8. Submissions period, between May 15 & July 15, 2023

**SEND PHOTOGRAPHS TO:**

**EMAIL:** (Preferred submission method.)  
fspa.anthology41@gmail.com  
*Subject Line:* Anthology 41 photos (please do not combine poems and photos in a single email)

**SURFACE MAIL:**

Mary-Ann Westbrook  
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Ormond Beach. FL 32176

NOTE: Inquiries may be made by email

**ORDER FORM:** ORDER ANTHOLOGY 41 IN ADVANCE FOR "CONFERENCE" PRICE

**Pre-Publication Price** – \$10.00

(After the convention copies can be ordered from online booksellers.) Complete the order form and send with check/money order payable to FSPA, for Anthology 41. Send Order between May 15 and September 10, 2023. Mail order form & payment (check or money order to FSPA) to Mary-Ann Westbrook (see order form).

Mail with Payment  
(check or money order to FSPA) to:  
Mary-Ann Westbrook  
6 Juniper Drive  
Ormond Beach. FL 32176

**Order Deadline: Sept. 10, 2022**

Pay online using PayPal with your PayPal account or a credit card.

On PayPal, click "Pay and Get Paid" > "Send Money", and enter fspatreasurer@aol.com In the "note" section include your shipping address and the quantity of books. IF NOT PICKING THEM UP AT CONFERENCE, include \$3.50 shipping for each book.

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Please Use Block Print.

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Mail Anthology to me at \$3.50 ea. + \$ \_\_\_\_\_

Total enclosed in Check or MO: \$ \_\_\_\_\_

I plan to pick up my anthologies at the October Conference

YES \_\_\_\_ NO \_\_\_\_ (please ✓)